

Transportation and Storm Water Department

The Complete Street Myth: Can we get to AAA?

ITE San Diego February Luncheon Meeting, February 8, 2017

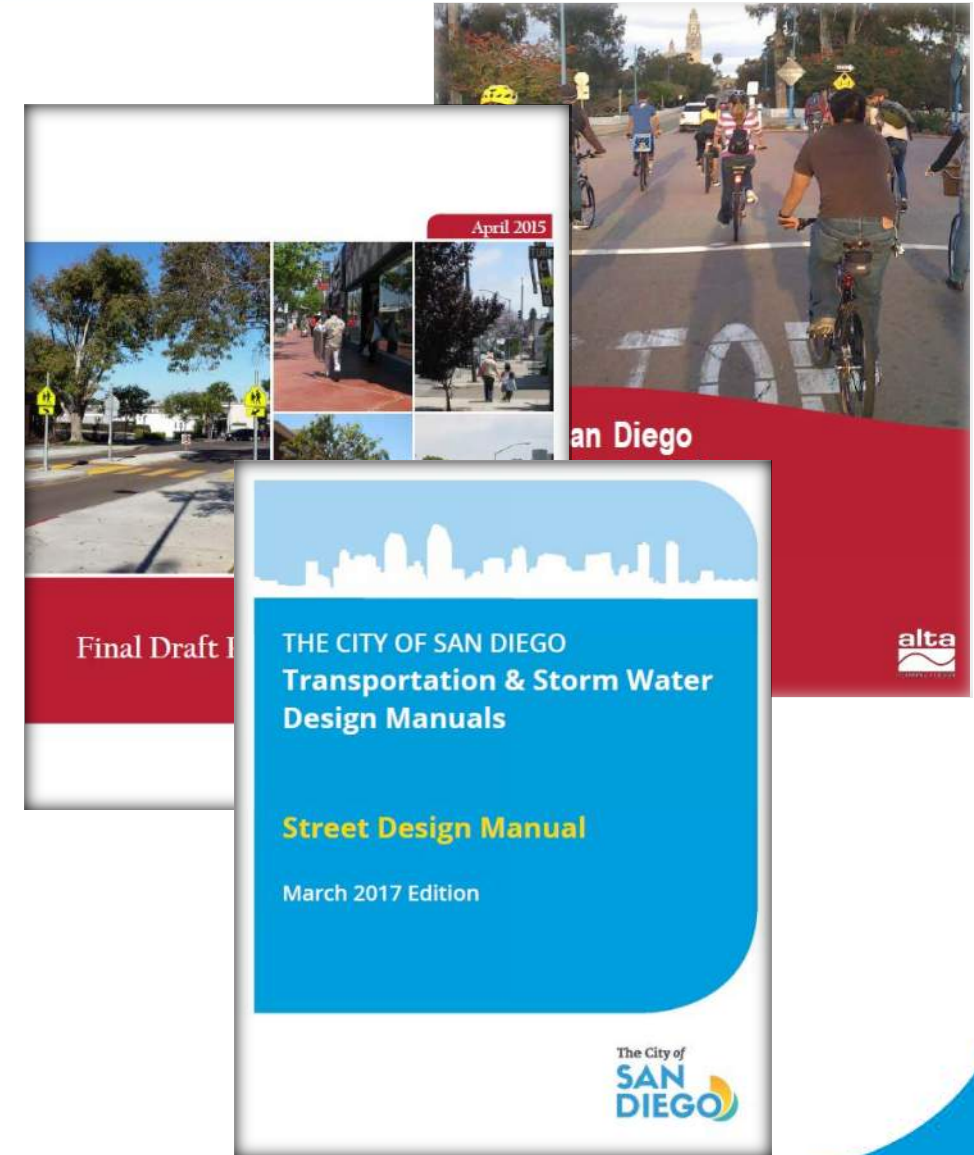
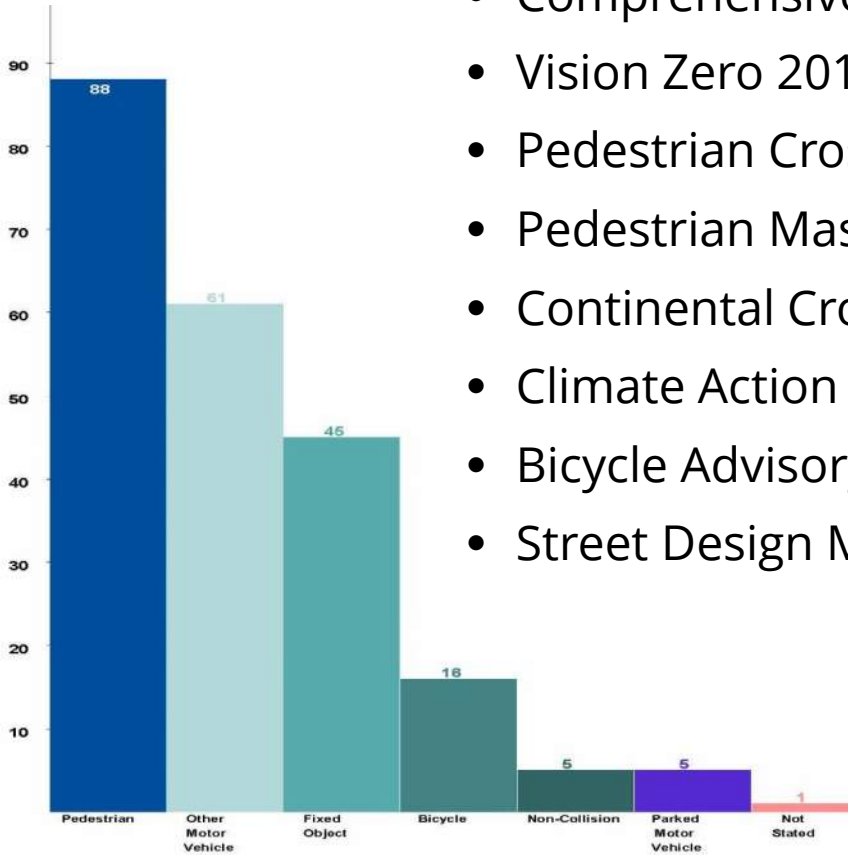
Brian Genovese, PE, PTOE



Complete Streets is a transportation policy and design approach that requires streets to be planned, designed, operated, and maintained to enable safe, convenient and comfortable travel and access for users of all ages and abilities regardless of their mode of transportation. Complete Streets allow for safe travel by those walking, cycling, driving automobiles, riding public transportation, or delivering goods.

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- Bicycle Master Plan 2013
- Bicycle Advisory Committee 2014
- Comprehensive Sidewalk Assessment 2015
- Vision Zero 2015
- Pedestrian Crosswalk Policy update 2015
- Pedestrian Master Plan 2015
- Continental Crosswalk Standard 2015
- Climate Action Plan 2015
- Bicycle Advisory Board 2016
- Street Design Manual Update 2017





Transportation and Storm Water Department



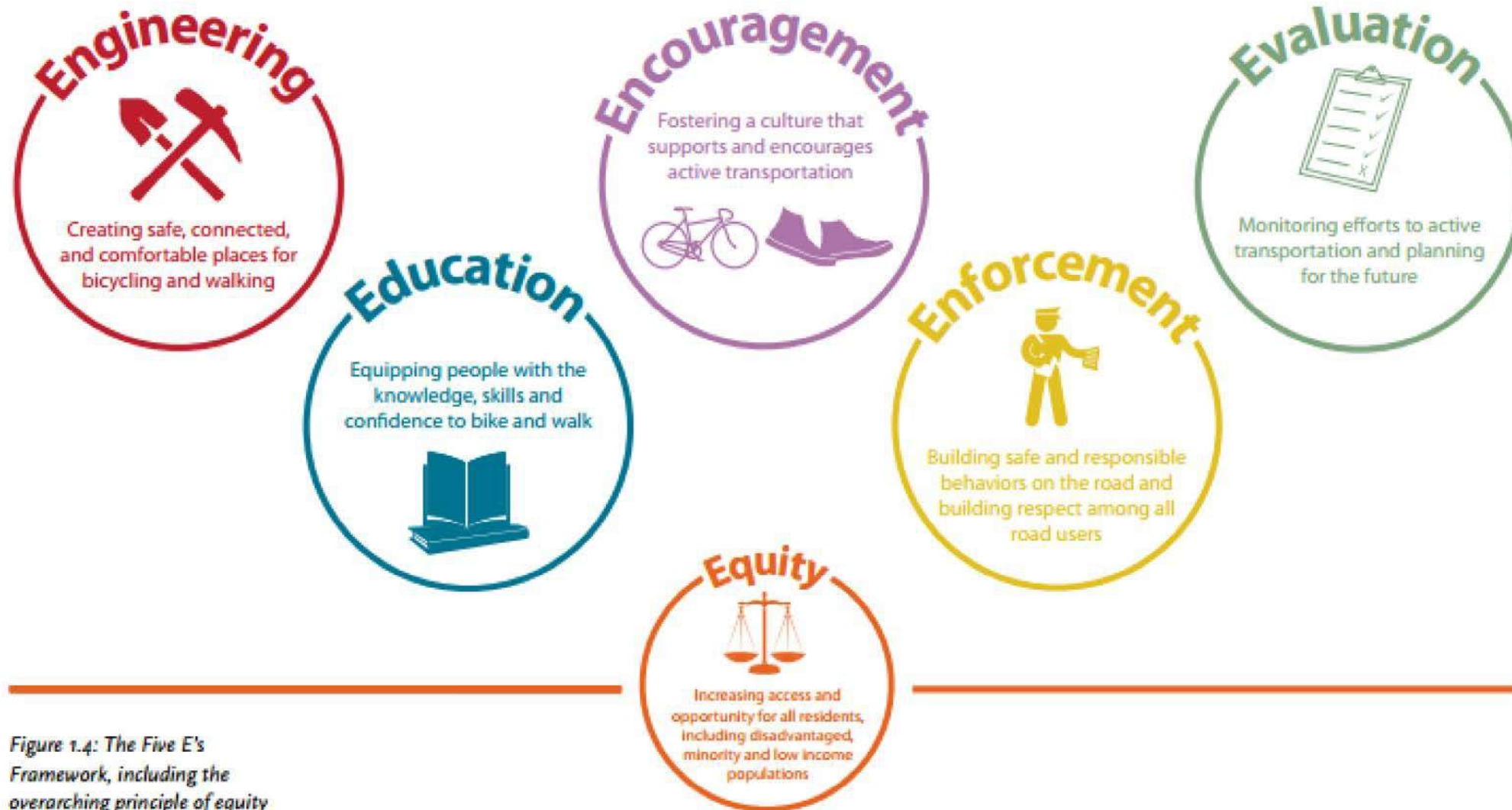


Figure 1.4: The Five E's Framework, including the overarching principle of equity



Celebrating 50 Years!

Davis, CA **The Small City** **Responsible for** **America's First** **Bike Lane in** **1967**



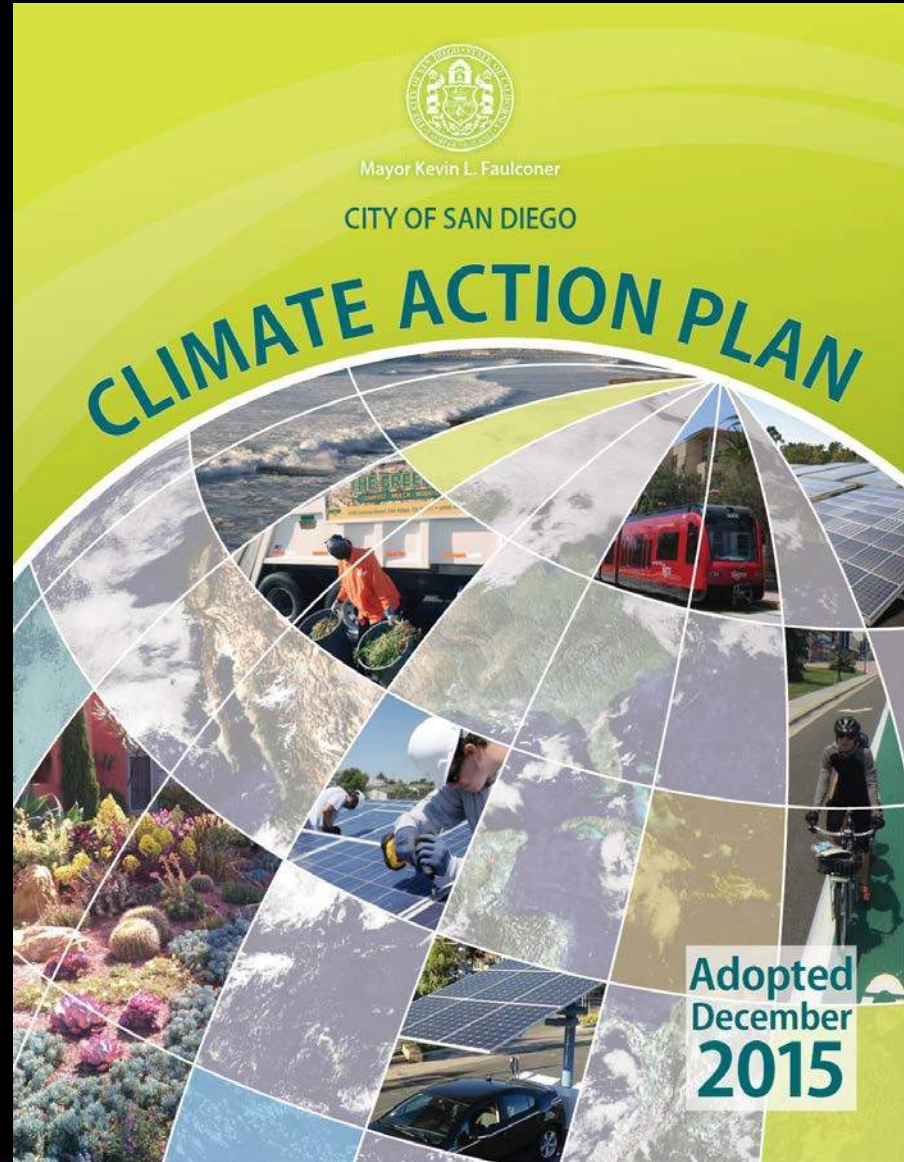
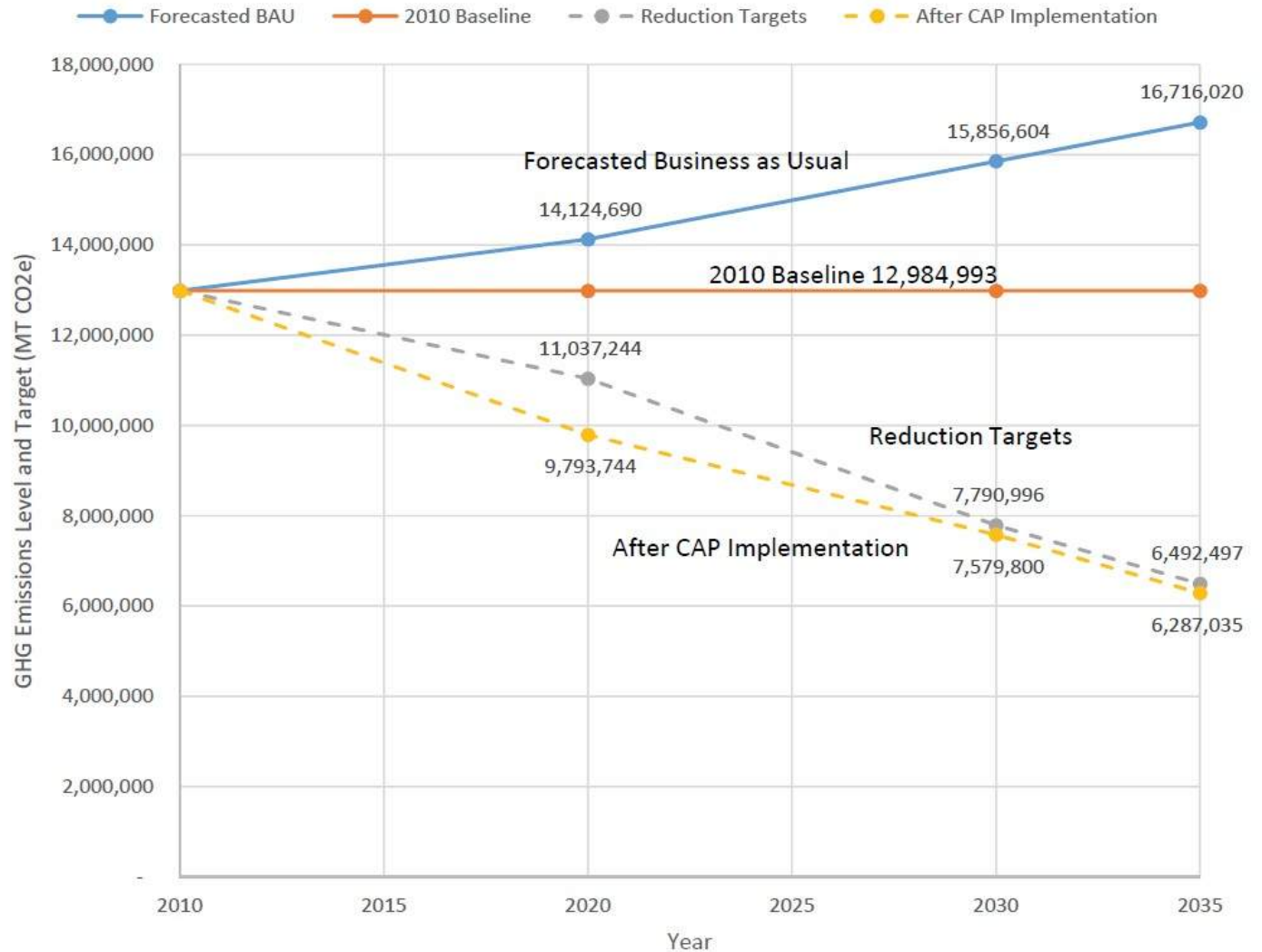


Figure 2.2: City Projected GHG Emission Levels and Reduction Targets.





The City has identified FIVE BOLD STRATEGIES to reduce GHG emissions to achieve the 2020 and 2035 targets:

1. ENERGY & WATER EFFICIENT BUILDINGS
2. CLEAN & RENEWABLE ENERGY
3. BICYCLING, WALKING, TRANSIT & LAND USE
4. ZERO WASTE
5. CLIMATE RESILIENCY

STRATEGY 3: BICYCLING, WALKING, TRANSIT & LAND USE

GOAL:

Increase commuter bicycling opportunities.

ACTION 3.3:

PHASES 1, 2 & 3

Implement the City of San Diego's Bicycle Master Plan to increase commuter bicycling opportunities.

TARGET:

Achieve 6% bicycle commuter mode share by 2020 and 18% mode share by 2035 in Transit Priority Areas.

GHG REDUCTIONS:

2020	2035
19,077 MT/CO ₂ e	50,574 MT/CO ₂ e

Table 18 Key Assumptions and Results for Commuter Bicycling⁹⁶

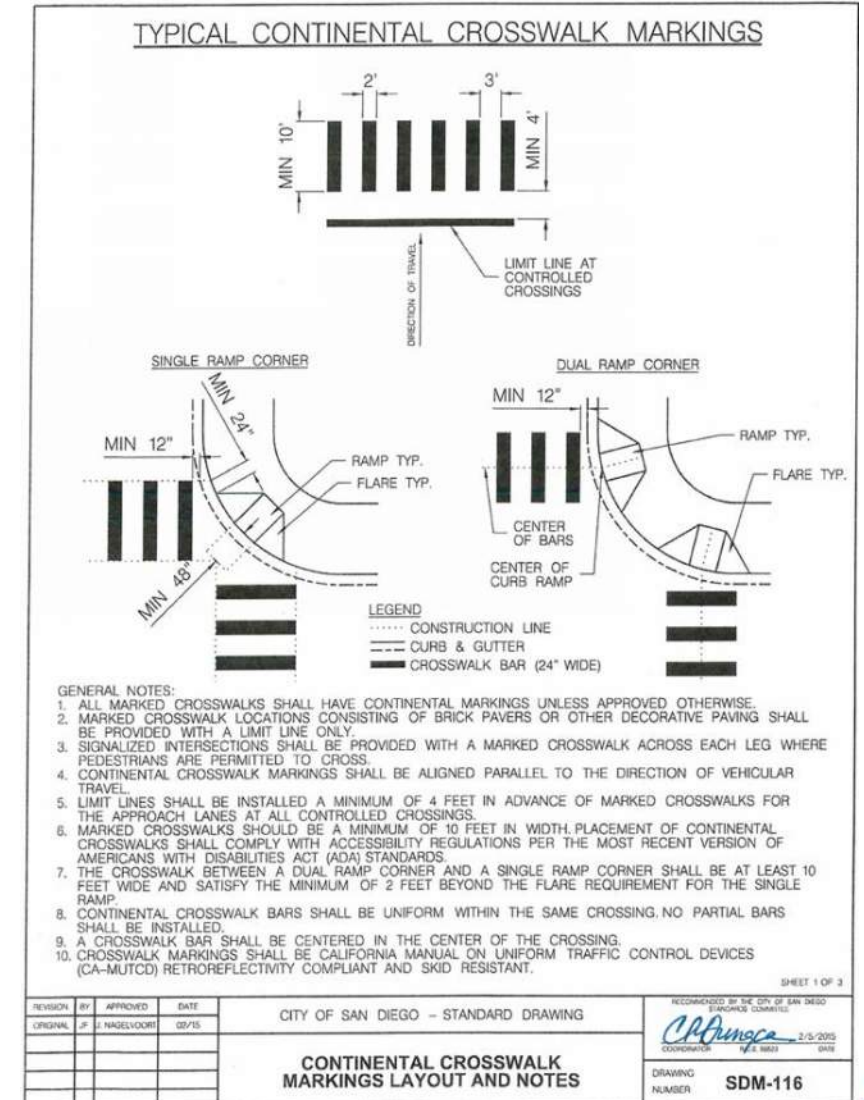
Year	Labor Force in TPAs ⁹⁷	Mode Share Goals in TPAs (%)	Projected Number of Commuters Commuting by Bike	Round-trip Commute Distance (Miles)	VMT Avoided Due to Bicycle Commuters (Miles)	GHG Reduced (MT CO ₂ e)
2020	433,128	6.0%	25,988	8	53,016,150	19,077
2035	482,540	18.5%	89,270	8	182,110,596	50,574

New Crosswalk Policy

CROSSING TREATMENTS

Crossing Distance	Roadway ADT (vehicles per day)					
	< 1,500	1,501 – 5,000	5,001 – 12,000	12,001 – 15,000	> 15,000	
< 40'	A	B	B	C	C	D
40' to 52'	A	B	C	C	D	D
> 52'	A	B	C	C	D	D

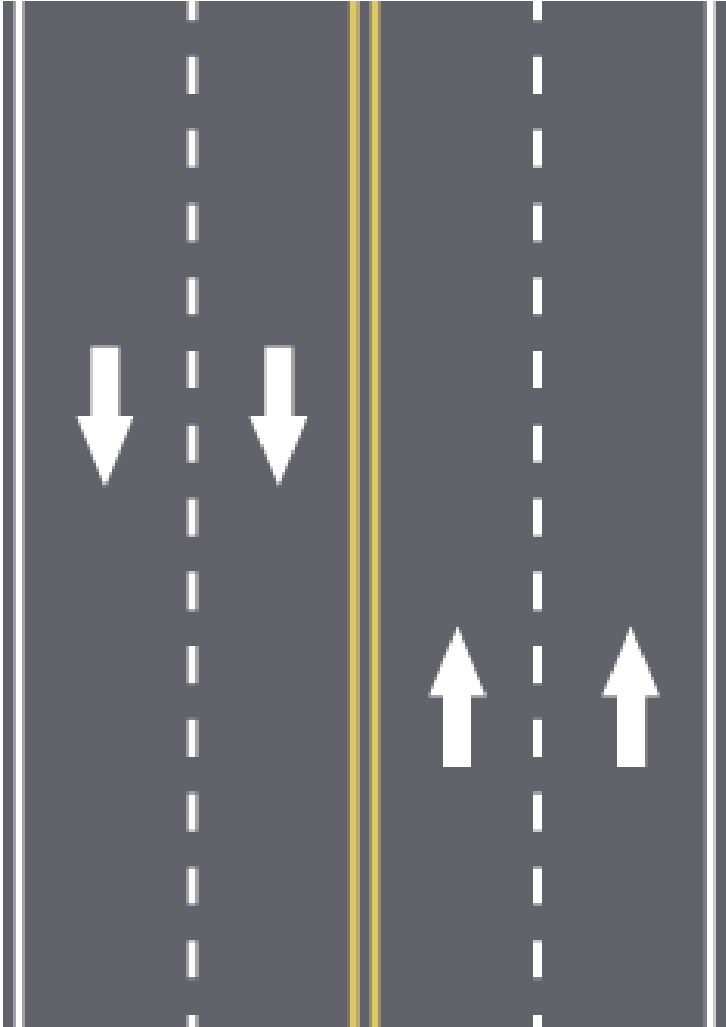
A	Standard Signage Only
B	One Additional Treatment
C	Two Additional Treatments
D	Signal or Combination of Treatments



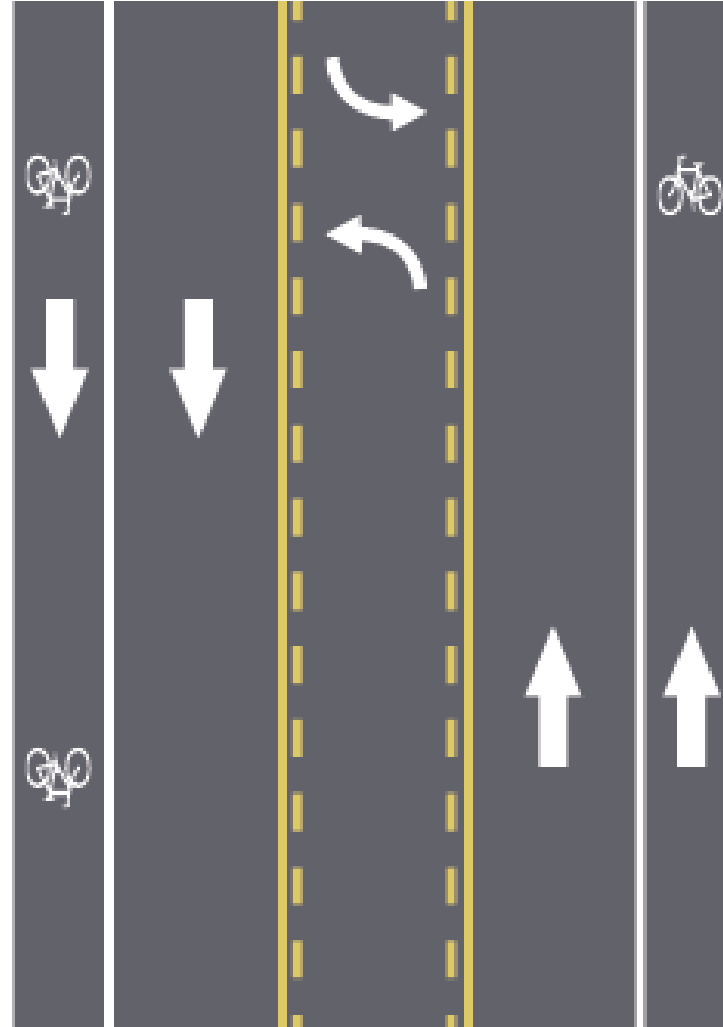
Green Zones & Diets

- Improve Roadway Safety
- Highlight Conflict Areas
- Assign More Space for Bikeways
- Increase Bike Mode Share with Low Cost Quick Deployment Efforts

BEFORE



AFTER



Road Diets



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Road Diet

Pop-Outs

RAP

25th Street at
Broadway



Fairmount Avenue at Olive Street



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Clairemont
Drive



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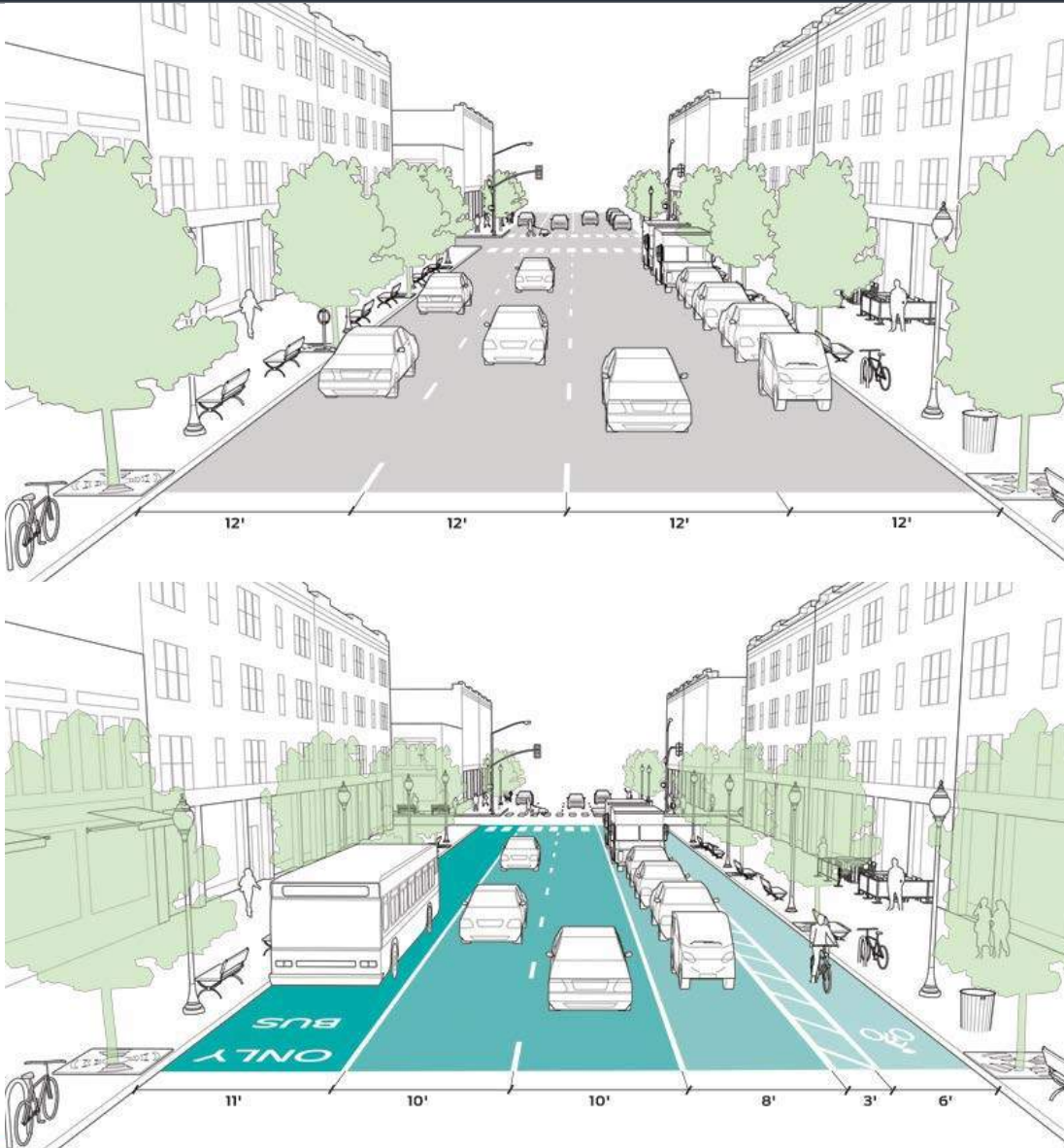
Ulric
Street



Madison Avenue



5th Avenue at Laurel Street



Lane Diets



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Linda Vista Road at Via Las Cumbres

Uphill Bike
Lanes and
Downhill
Shared Use
Lanes

Narrow
Lanes with
Consistent
Right Edge
Control



Transportation & Storm Water Department



Uphill Bike
Lanes and
Downhill
Shared Use
Lanes

Via Las Cumbres



Uphill Bike Lanes and Downhill Shared Use Lanes

Voltaire
Street at
Bolas
Street

Design Guidance

Colored Bike Facilities

Required Features

- 1 The color green shall be used to minimize confusion with other standard traffic control markings.⁹⁷
- 2 Color shall be applied to the road surface to delineate space, increase visibility, and emphasize proper vehicle priority.⁹⁸
- 3 Normal white bike lane lines shall be provided along the edges of the colored lane to provide consistency with other facilities and to enhance nighttime visibility.

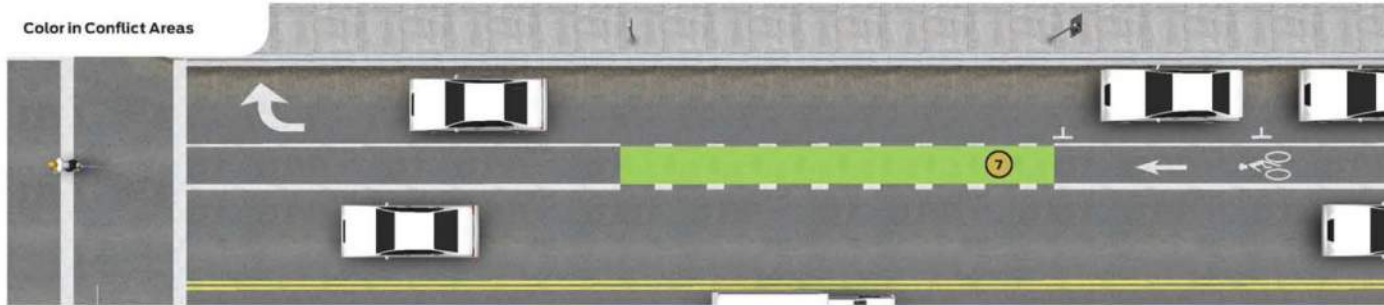
Recommended Features

- 4 The colored surface should be skid resistant and retro-reflective.
- 5 A "Yield to Bikes" sign should be used at intersections or driveway crossings to reinforce that bicyclists have the right-of-way at colored bike lane areas.⁹⁹
- 6 The configuration of color should be consistently applied throughout the corridor.

Optional Features

- 7 Color may be applied within conflict areas for increased visibility of bicyclists.
- 8 Color may be applied along a dashed pattern within a dashed bike lane to indicate merging areas. Dashed application of colored pavement mimics typical traffic striping layouts, where dashed markings indicate areas where merging maneuvers are permitted.¹⁰⁰
- 9 Color may be applied along a corridor, with gaps in coloring to denote crossing areas. When used in this fashion, color can distinguish the bicycle facility along its entire length. This is particularly useful in high traffic situations or areas where traffic may encroach into the bike facility.¹⁰¹
- 10 Color may be used to supplement shared lane markings for added visibility.¹⁰²

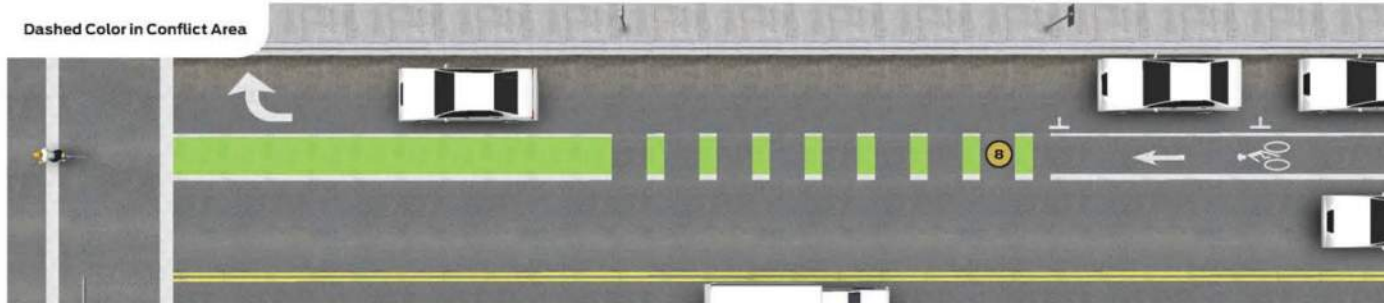
Color in Conflict Areas



Color in Bikeway Corridor



Dashed Color in Conflict Area



TUSCON, AZ



SAN FRANCISCO, CA (PHOTO: SFSTREETSBLOG)



CHICAGO, IL

Best estimates for safety effects of one blue cycle crossing in a junction are a reduction of 10% in accidents and 19% in injuries.

Jensen, S. U. (2008). Safety effects of blue cycle crossings: A before-after study. Accident Analysis & Prevention, 40(2), 743-750.

Conflict Zone Treatments – Green Zones



Conflict Zone, Bike Lane and Cycle Track

Friars Road
at Napa Street



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Uphill Bike Lanes

Downhill Shared
Use Lanes

Conflict Zone
Treatment

Voltaire Street at
Mendocino Blvd



Conflict Zone at Free Right

W Morena Blvd at
Morena Blvd



Morena Blvd at Linda Vista Road



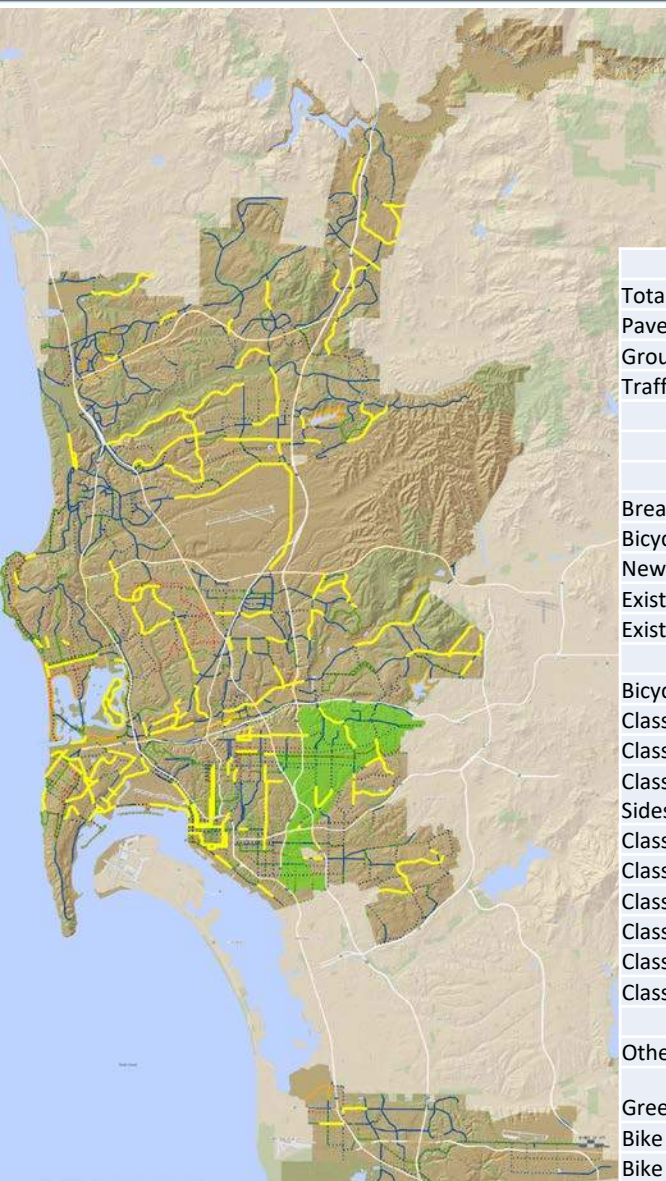
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Wabaska Drive
Parking Buffered
Cycle Track



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Total Bicycle Lane Miles Designed	
Pavement Preservation	193.0
Group Job	26.9
Traffic Request	13.0
Total (mi)	232.9

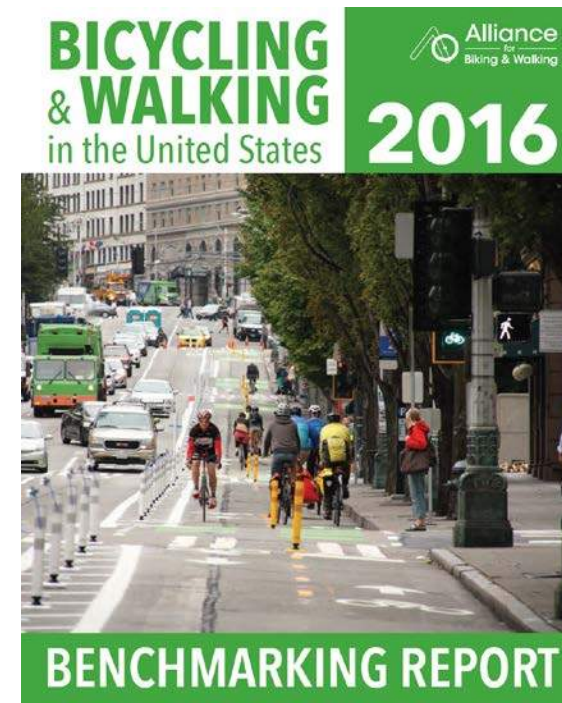
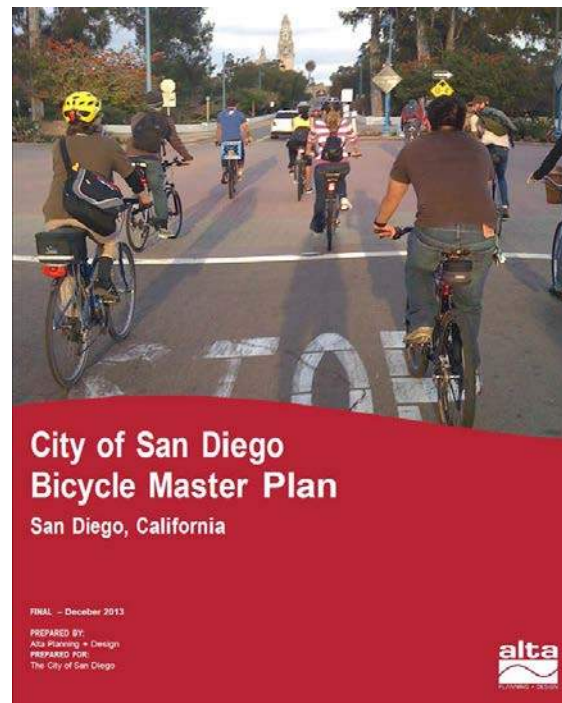
Breakdown:

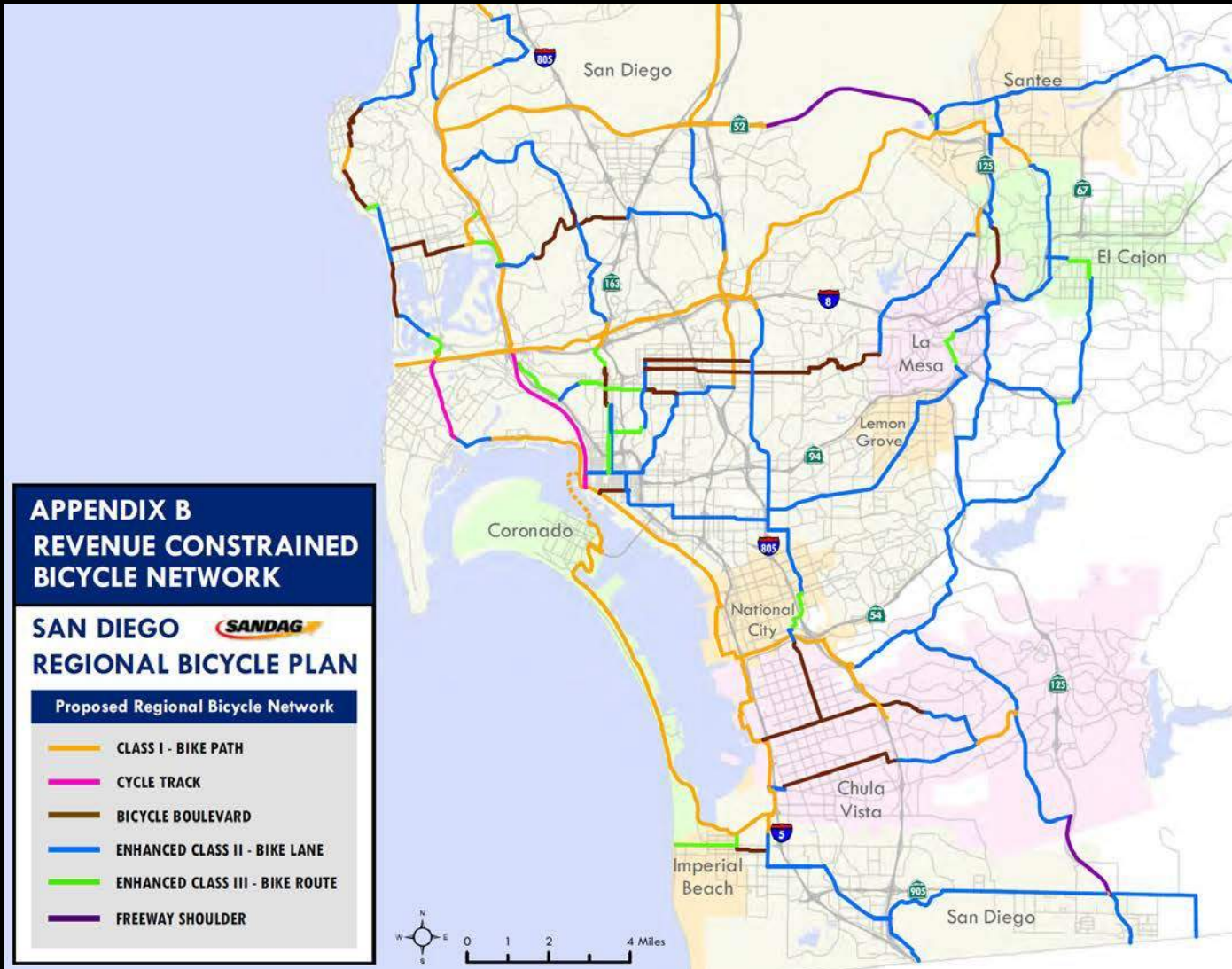
Bicycle Facility Improvement Type	
New Bicycle Facility (Class II)	57.1
Existing Bicycle Facility Improvements	171.9
Existing Bicycle Facility Replaced In Kind	4.0
Total (mi)	232.9


Bicycle Facility Category Type	
Class I - Bicycle Path	0.0
Class II - Painted Bicycle Lane	1.3
Class II - Bicycle Lane Buffered on Both Sides	2.4
Class II - Outside Buffered Bicycle Lane	197.0
Class II - Inside Buffered Bicycle Lane	0.5
Class II - Standard Bicycle Lane	9.4
Class III - Standard Bicycle Route	1.6
Class III - Bicycle Route with Sharrows	17.7
Class IV - Two Way Cycle Track w/Barrier	3.0
Total (mi)	232.9

Other Bicycle Facility Improvements	
Green Painted Conflict Zone Treatment	92
Bike Racks	637
Bike Corrals	13

Bikeway	Existing	Improved	% Improved	Proposed	Implemented	% Implemented	Total
Class I - Bike Path	74.0	--	--	90.6	--	--	164.6
Class II - Bike Path	638.1	154.0	22.2%	307.9	57.1	18.5%	946
Class III - Bike Route	278.6	17.7	6.4%	347	--	--	625.6
Class II or III (TBD)	--	--	--	285.4	--	--	285.4
Freeway Shoulder	16.1	--	--	--	--	--	16.1
Bicycle Boulevard	--	--	--	78.8	--	--	78.8
Cycle Track	4.3	3.1	61.0%	18.3	0.5	2.7%	22.6
Totals	1011.1	175.3	17.3%	1123.7	45.6	4.1%	2134.8







Keep San Diego Moving
TransNet

byBIKE Regional Bikeway Projects

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Introduction

[Bayshore Bikeway](#)
[Border to Bayshore](#)
[Central Avenue Bikeway](#)
[Coastal Rail Trail](#)
[Encinitas Rose Creek](#)
[Imperial Avenue Bikeway](#)
[Inland Rail Trail](#)
[North Park - Mid-City](#)
[Georgia - Meade Bikeway](#)
[Robinson Bikeway](#)
[Landis Bikeway](#)
[Pershing Bikeway](#)
[San Diego River Trail](#)
[SR 15 Uptown](#)
[Fourth and Fifth Ave Bikeways](#)
[Completed Projects](#)

Introduction

Riding to 2050: San Diego Regional Bike Plan proposes a vision for a diverse regional bike system of interconnected corridors, support facilities, and programs to make biking a convenient form of transportation for everyday travel. The plan, now known as GO by BIKE, is intended to guide the development of the regional bike network through the year 2050.

Planning for a more bike friendly region helps resolve multiple complex and interrelated issues, including traffic congestion, air quality, climate change, public health, and livability. By guiding the region toward the creation of a substantial regional bike network, this plan can affect all of these issue areas, thereby improving existing and future quality of life in the San Diego region.

The Bike Plan presents an interconnected network of bike corridors that will enable residents to bike safely on more direct and convenient routes within and between major regional destinations and activity centers. It also supports implementation of both the SANDAG Regional Comprehensive Plan (RCP) and the SANDAG 2050 Regional Transportation Plan (RTP).

The RCP calls for more transportation choices and a balanced regional transportation system that supports smart growth and a more sustainable region. The RTP calls for a multimodal regional transportation system that includes a regional bike network. The Bike Plan provides that network.



Investing in Active Transportation


Biking and walking are modes of active transportation, a concept that emphasizes the health benefits of these modes of travel for individuals and communities. In October 2011, SANDAG adopted the 2050 RTP and Sustainable Communities Strategy, which made an unprecedented commitment to active transportation. In September 2013, the SANDAG Board of Directors approved \$200 million to implement the Regional Bike Plan Early Action Program (EAP). Over the next ten years, the EAP will:




- Implement identified high priority projects
- Execute supporting programs outlined in the Bike Plan
- Continue to fund local bike and pedestrian projects through a competitive grant program

Prior to establishing the early action program, SANDAG had set aside initial funding to implement portions of the high-priority regional bike projects and to initiate work on several supporting programs.






More information is available from our San Diego Regional Bike Plan Early Action Program fact sheet.

2013 Project Video

[View Video](#)

[riding to 2050](#)
[View San Diego Regional Bike Plan](#)


[Share the Road from AAA Public Affairs.](#)

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Downtown San Diego Mobility Plan



June 2016

Figure 3-4 Road Diets Accommodating Complete Streets

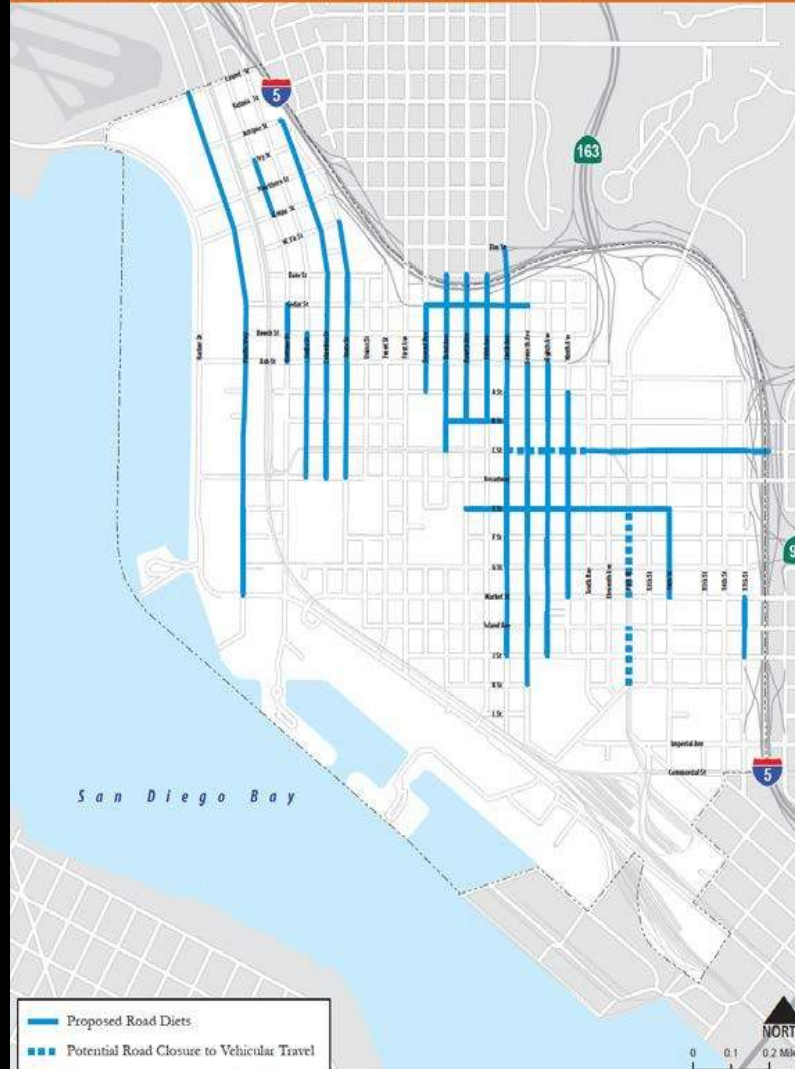
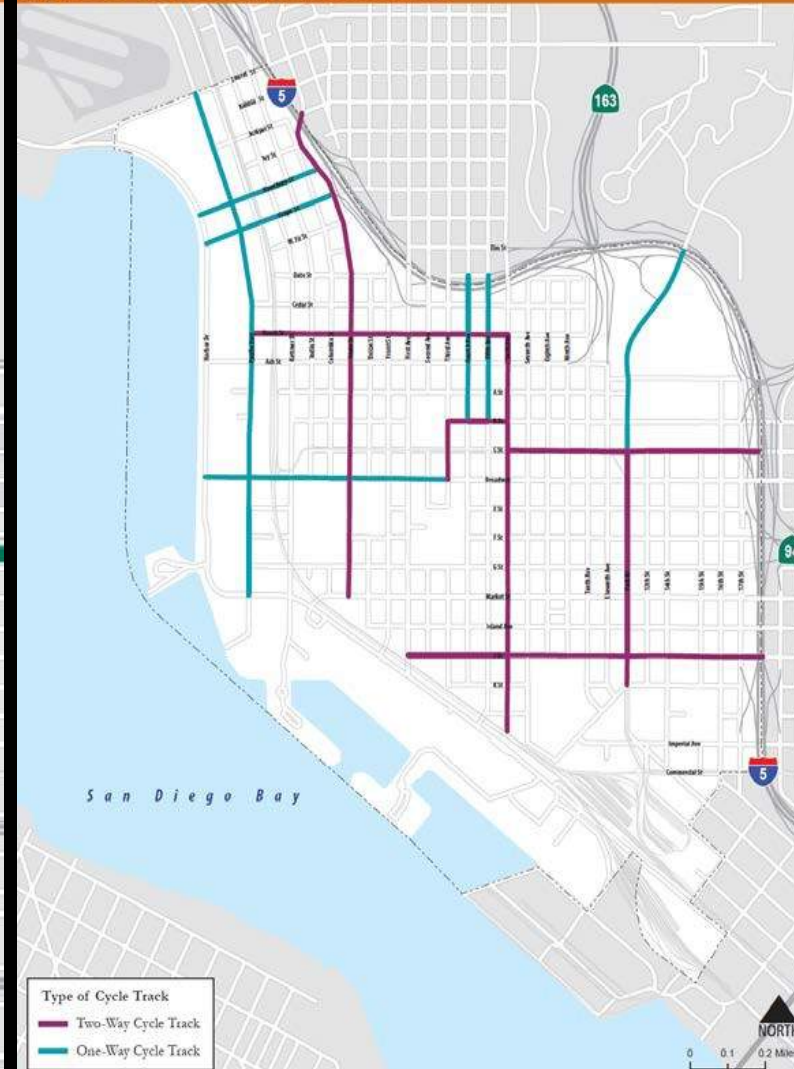


Figure 5-7 Proposed Cycle Track Network



Downtown San Diego Mobility Plan

- 1-Way Cycle Tracks:
3.8 lane miles
- 2-Way Cycle Tracks:
10.8 lane miles

Table 13-4
Planning Level Cost Estimation

Improvement Type	Cost (in Millions)
Greenways	\$25.75
Pedestrian Improvements	\$7.22
Bicycle Improvements	\$10.50
Roadway Improvements	\$19.32
Total Cost	\$62.79

Class IV Bikeway (Cycle Track) – Also referred to as separated or protected bikeways, cycle tracks provide a right-of-way designated exclusively for bicycle travel within the roadway and physically protected from vehicular traffic. Types of separation include, but are not limited to, grade separation, flexible posts, or on-street parking.

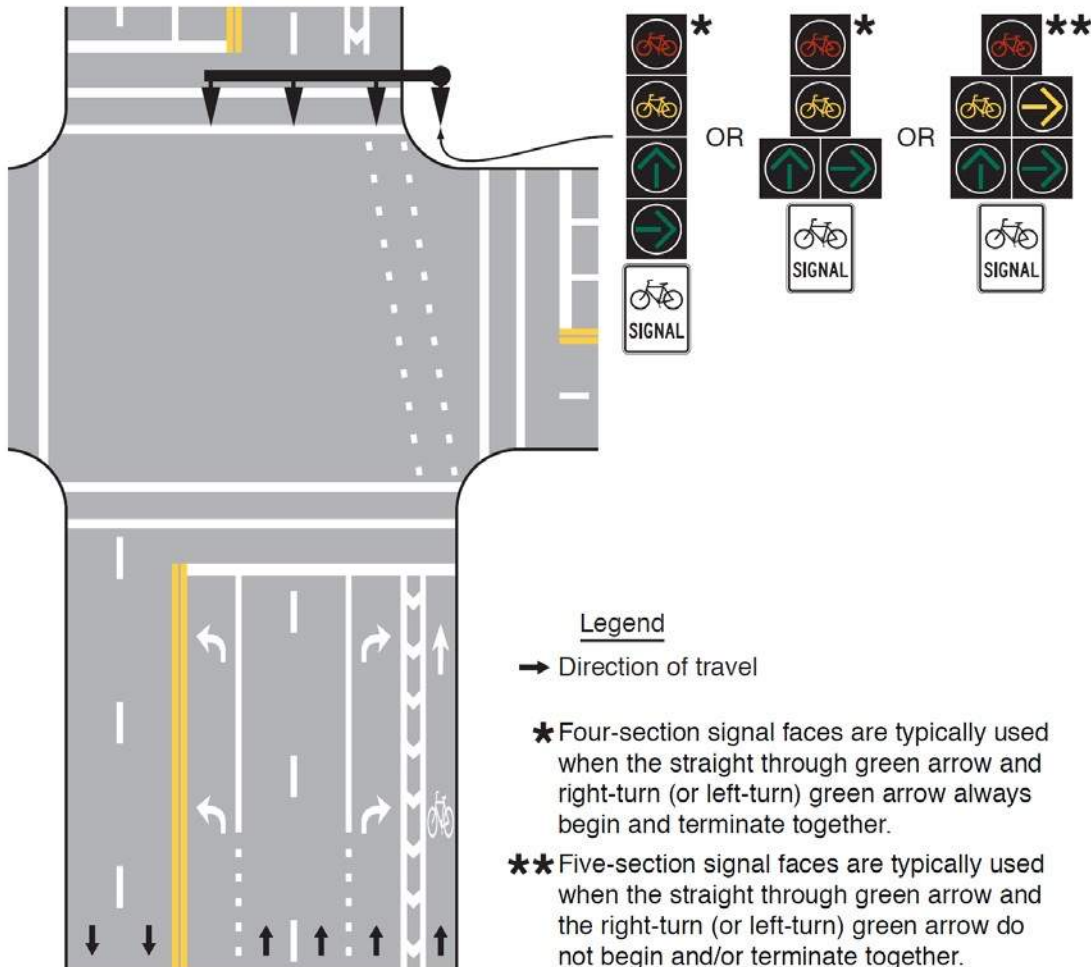
Table 9-1
Short-Range Parking Changes

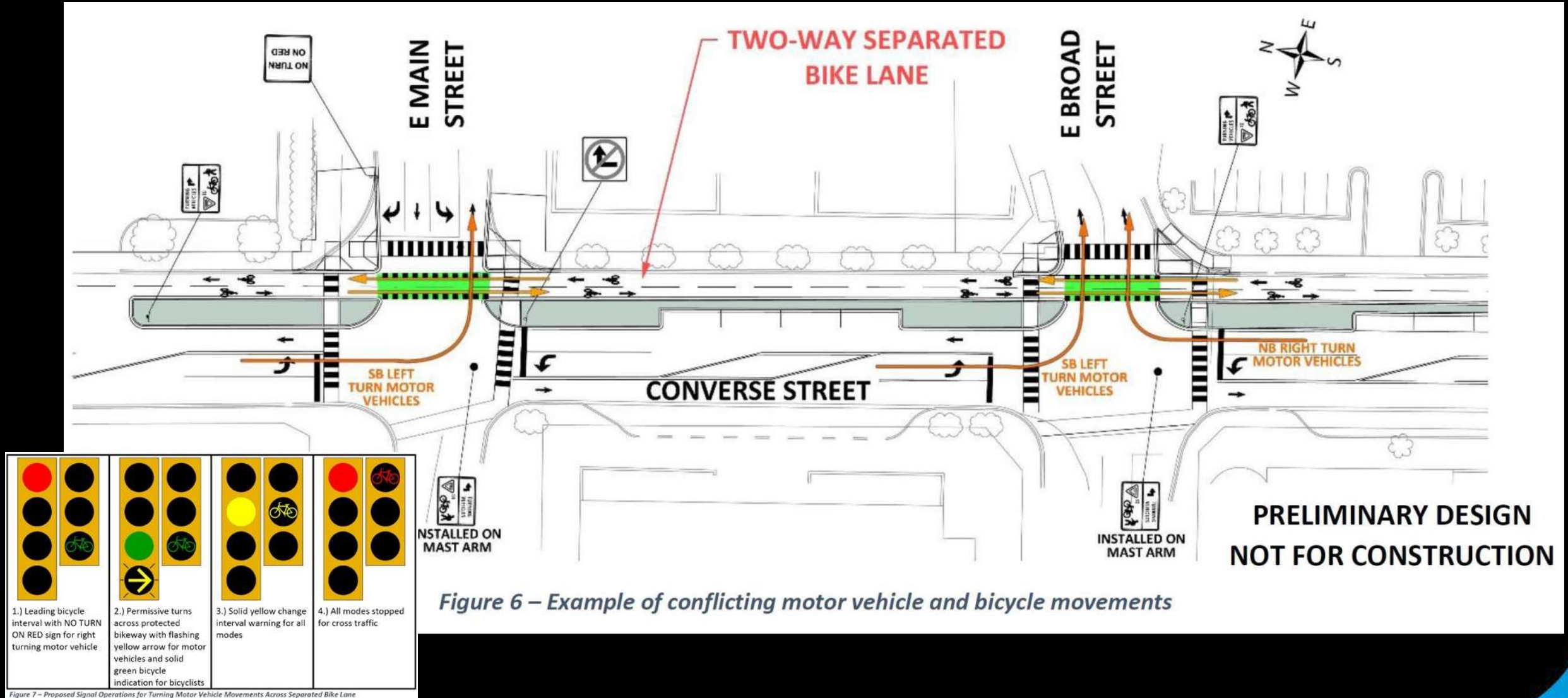
Improvement	Spaces Lost/Gained ¹
Cycleways	-331
14th St. & E St. Greenways	-242
Angled Parking Conversion	+600
East Village Green Garage	+200
Net Change	+227



Attachment IA-16-2

Example of How to Prohibit a Left-Turning Bike Movement



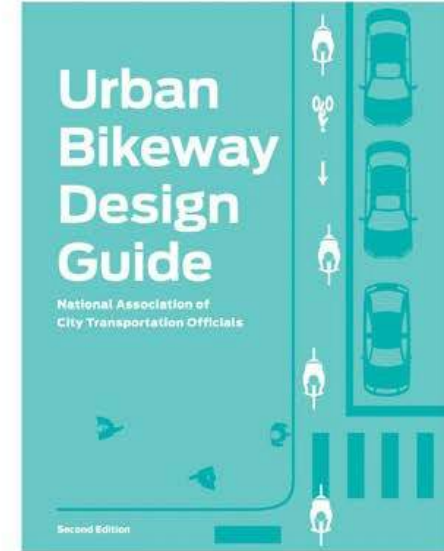
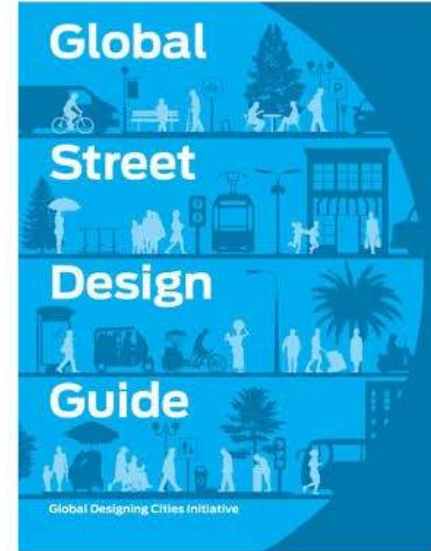
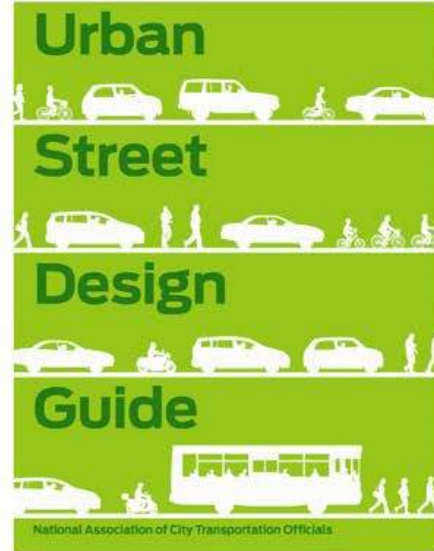




National Association

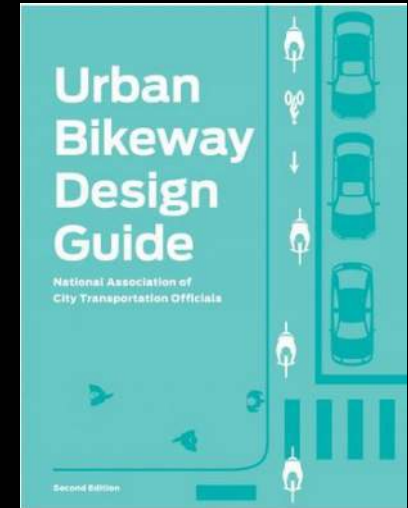
of

City Transportation Officials





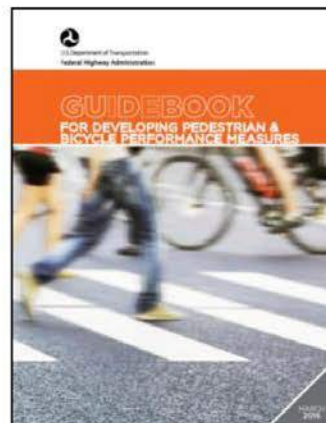
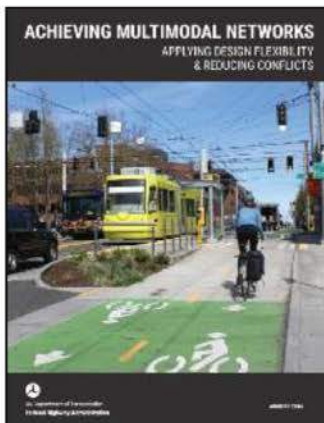
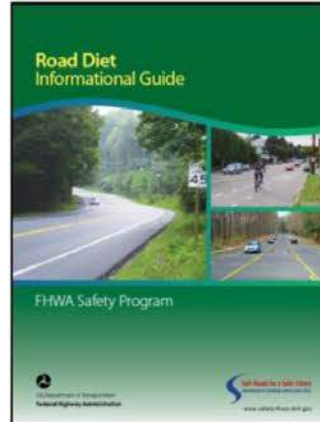
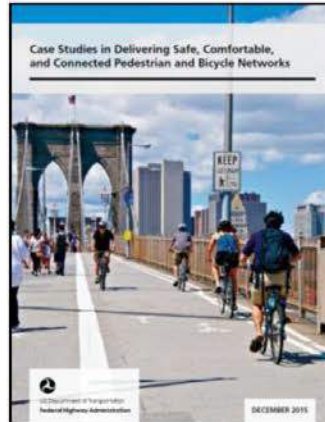
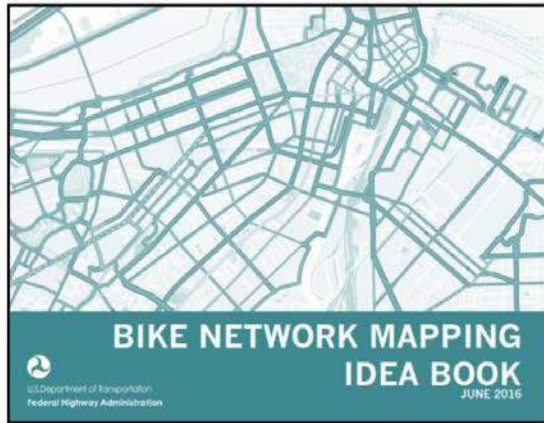
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Recent FHWA Pedestrian and Bicycle Resources



Pedestrian and Bicycle Information Center

Data & Resources Community Support Planning & Design Training & Events Behavior Change

Celebrate Bike to School Day on May 10!

Plan an event and join communities around the country in supporting bicycling to school.



Search the PBIC Website

Insert search terms here

Search

FHWA debunks misconceptions

The [Bicycle and Pedestrian Funding, Design, and Environmental Review: Addressing Common Misconceptions](#) opens doors for installing facilities.



Next month is Bike Month! Check out the National Bike Month Guide from League of American Bicyclists for ideas, strategies, and resources to promote in your community.

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Available at www.fhwa.dot.gov/environment/bicycle_pedestrian



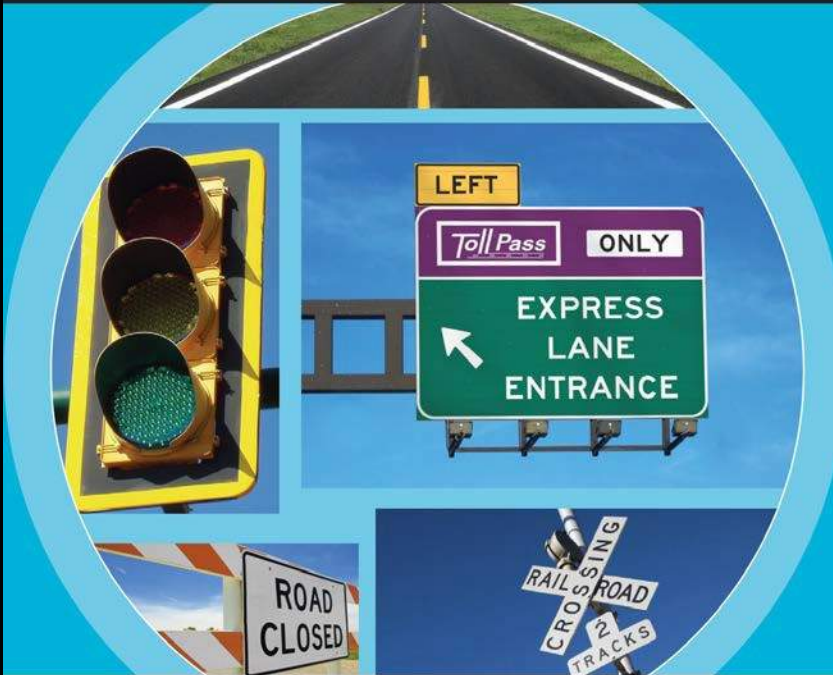
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Manual on Uniform Traffic Control Devices

for Streets and Highways

2009 Edition

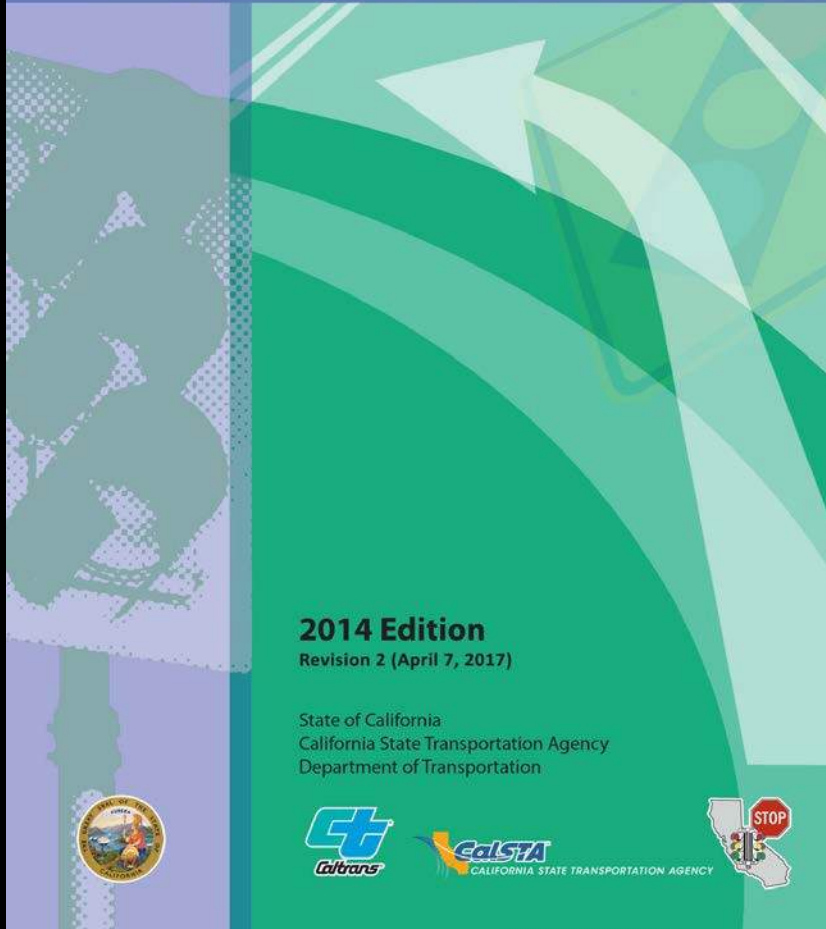
Including Revision 1 dated May 2012
and Revision 2 dated May 2012



U.S. Department of Transportation
Federal Highway Administration

California Manual on Uniform Traffic Control Devices

FHWA's MUTCD 2009 Edition, including Revisions 1 & 2 as amended for use in California.



2014 Edition

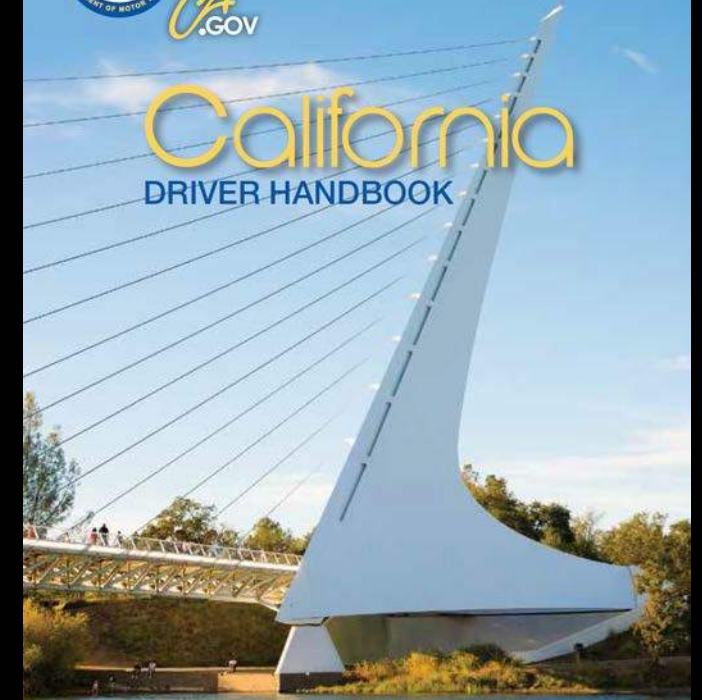
Revision 2 (April 7, 2017)

State of California
California State Transportation Agency
Department of Transportation



English
2017

California DRIVER HANDBOOK



Edmund G. Brown Jr., Governor
State of California
Brian P. Kelly, Secretary
California State Transportation Agency
Jean Shiimoto, Director
California Department of Motor Vehicles



This handbook is available at
www.dmv.ca.gov.

Achieving Multimodal Networks: Design Speed



"The severity of pedestrian crashes, a significant concern in urban areas, is greatly increased as speeds increase."

AASHTO Flexibility Guide 2004, p. 19



Low-Stress Bicycling and Network Connectivity



MTI Report 11-19



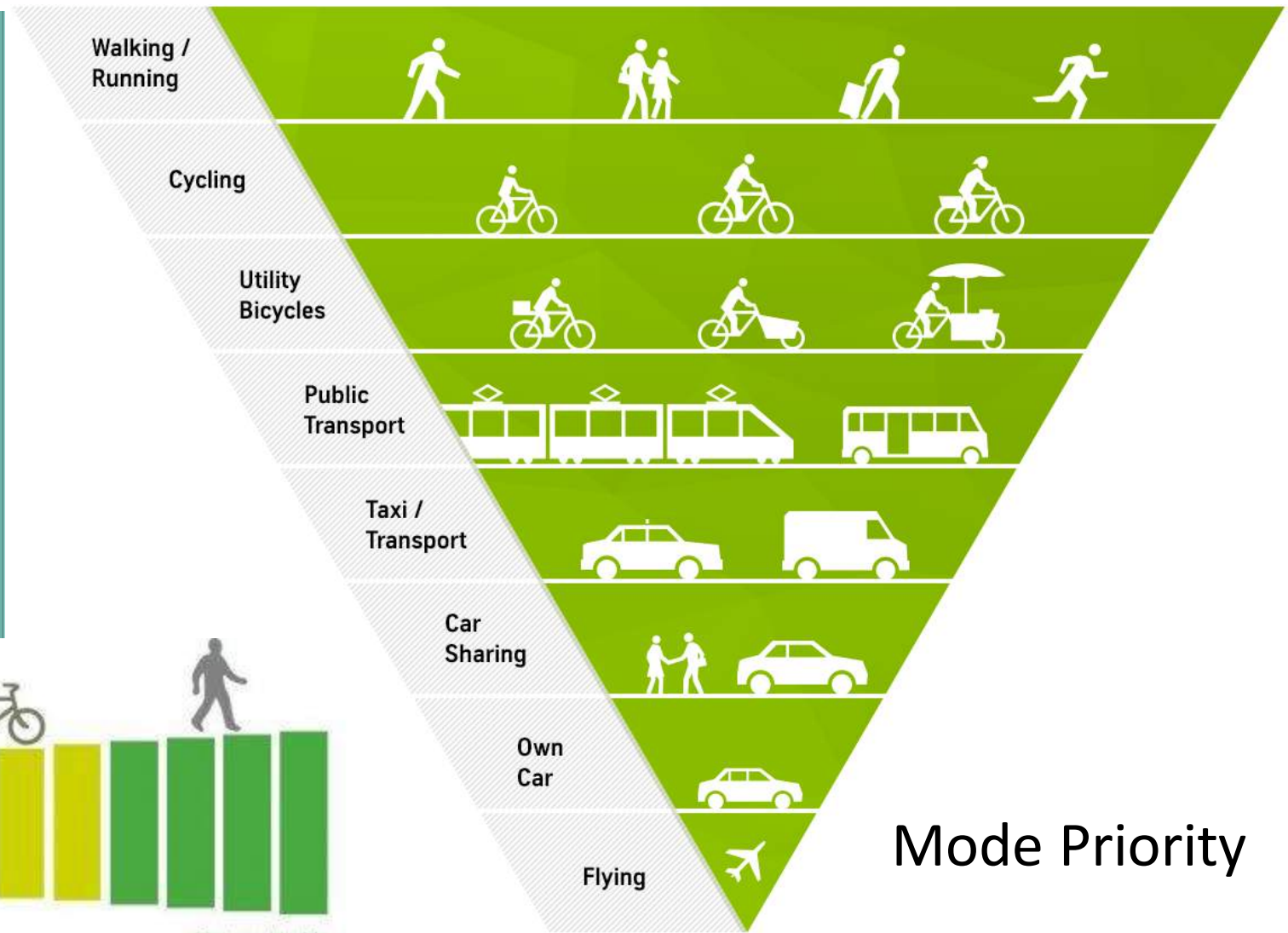
Table 1. Levels of Traffic Stress (LTS)

LTS 1	Presenting little traffic stress and demanding little attention from cyclists, and attractive enough for a relaxing bike ride. Suitable for almost all cyclists, including children trained to safely cross intersections. On links, cyclists are either physically separated from traffic, or are in an exclusive bicycling zone next to a slow traffic stream with no more than one lane per direction, or are on a shared road where they interact with only occasional motor vehicles (as opposed to a stream of traffic) with a low speed differential. Where cyclists ride alongside a parking lane, they have ample operating space outside the zone into which car doors are opened. Intersections are easy to approach and cross.
LTS 2	Presenting little traffic stress and therefore suitable to most adult cyclists but demanding more attention than might be expected from children. On links, cyclists are either physically separated from traffic, or are in an exclusive bicycling zone next to a well-confined traffic stream with adequate clearance from a parking lane, or are on a shared road where they interact with only occasional motor vehicles (as opposed to a stream of traffic) with a low speed differential. Where a bike lane lies between a through lane and a right-turn lane, it is configured to give cyclists unambiguous priority where cars cross the bike lane and to keep car speed in the right-turn lane comparable to bicycling speeds. Crossings are not difficult for most adults.
LTS 3	More traffic stress than LTS 2, yet markedly less than the stress of integrating with multilane traffic, and therefore welcome to many people currently riding bikes in American cities. Offering cyclists either an exclusive riding zone (lane) next to moderate-speed traffic or shared lanes on streets that are not multilane and have moderately low speed. Crossings may be longer or across higher-speed roads than allowed by LTS 2, but are still considered acceptably safe to most adult pedestrians.
LTS 4	A level of stress beyond LTS3.

Complete Streets is a transportation policy and design approach that requires streets to be planned, designed, operated, and maintained to enable **safe, convenient and comfortable travel and access for users of all ages and abilities regardless of their mode of transportation.**

Complete Streets allow for safe travel by those walking, cycling, driving automobiles, riding public transportation, or delivering goods.

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Mode Priority



Transportation and Storm Water Department



Children



Seniors



Women



Low-Income Riders



People of Color



**People Riding
Bike Share**



**People Moving
Goods or Cargo**



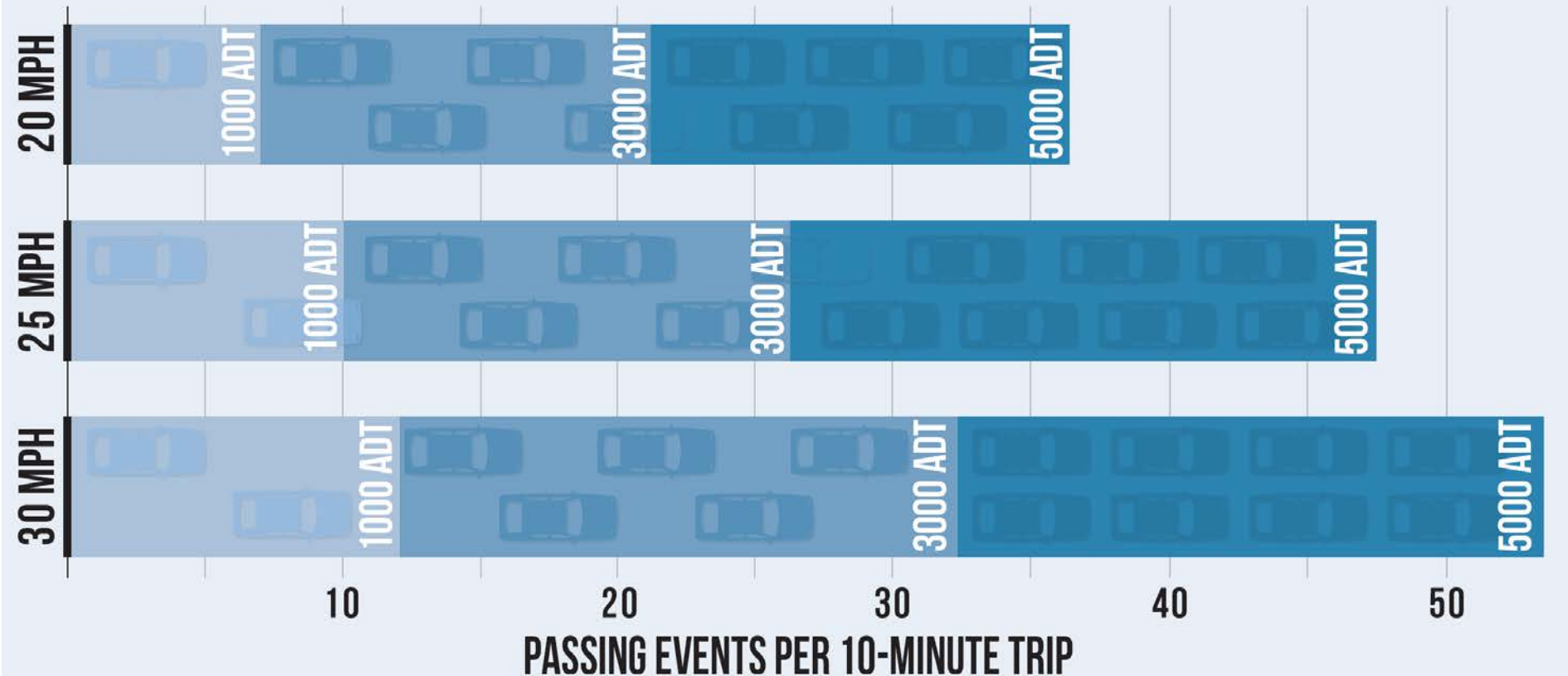
**People with
Disabilities**



Confident Cyclists

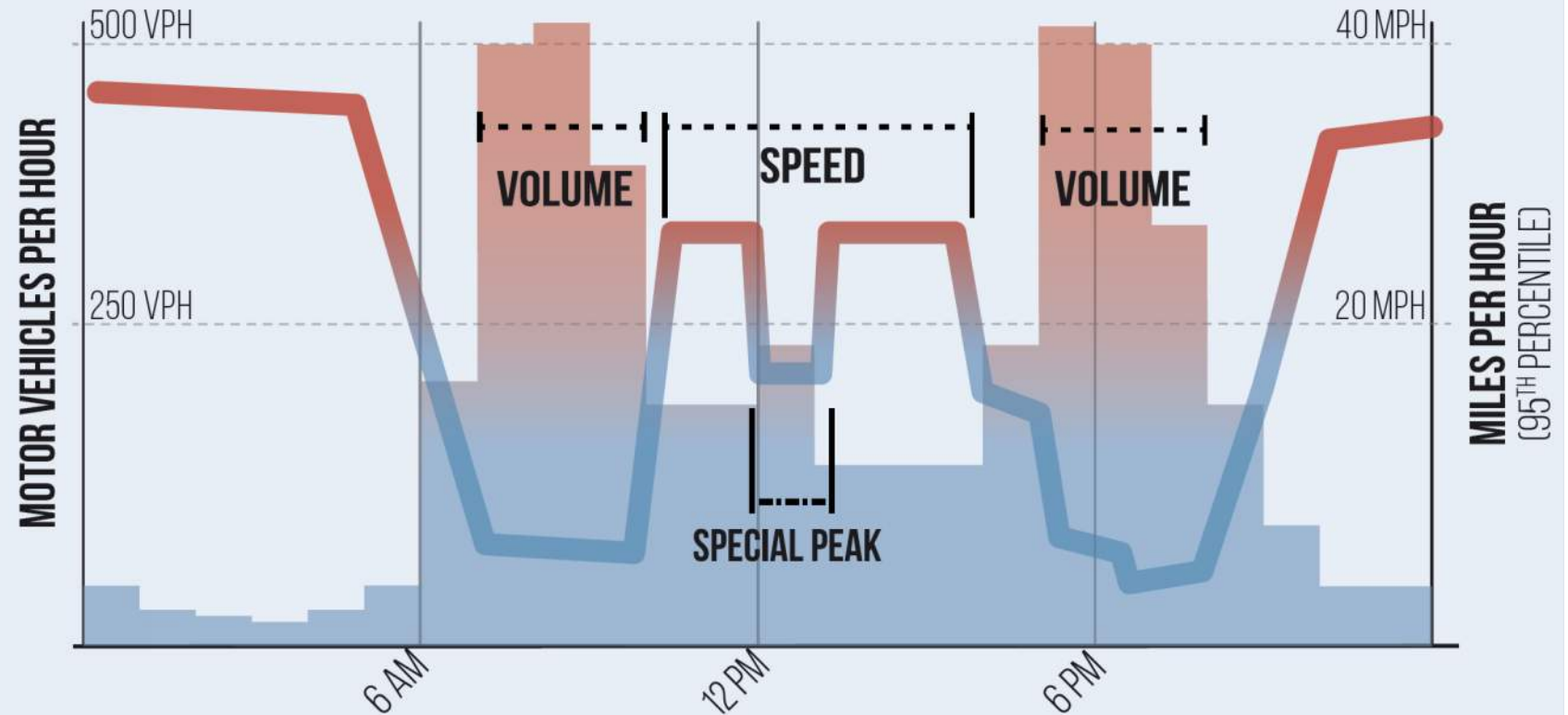
Conflicts Increase with Speed & Volume

This chart illustrates the number of passing events (at increasing motor vehicle average speed and volume) experienced over a 10-minute period by a bicyclist riding 10 mph. As motor vehicle speed and volume increase, they magnify the frequency of stressful events for people bicycling.



Sources of Stress Change Throughout the Day

Large fluctuations in motor vehicle traffic volume between morning, mid-day, afternoon, and nighttime result in radically different bicycling conditions on the same street throughout the day. The example at right shows a street with roughly 500 vehicles per direction per hour during the peak. While queuing stress occurs at peak times, low off-peak volume results in dangerously high motor vehicle speeds.





Transportation and Storm Water Department

Table 2. Criteria for Bike Lanes Alongside a Parking Lane

	LTS \geq 1	LTS \geq 2	LTS \geq 3	LTS \geq 4
Street width (through lanes per direction)	1	(no effect)	2 or more	(no effect)
Sum of bike lane and parking lane width (includes marked buffer and paved gutter)	15 ft. or more	14 or 14.5 ft. ^a	13.5 ft. or less	(no effect)
Speed limit or prevailing speed	25 mph or less	30 mph	35 mph	40 mph or more
Bike lane blockage (typically applies in commercial areas)	rare	(no effect)	frequent	(no effect)

Note: (no effect) = factor does not trigger an increase to this level of traffic stress.
^a If speed limit < 25 mph or Class = residential, then any width is acceptable for LTS 2.

Table 3. Criteria for Bike Lanes Not Alongside a Parking Lane

	LTS \geq 1	LTS \geq 2	LTS \geq 3	LTS \geq 4
Street width (through lanes per direction)	1	2, if directions are separated by a raised median	more than 2, or 2 without a separating median	(no effect)
Bike lane width (includes marked buffer and paved gutter)	6 ft. or more	5.5 ft. or less	(no effect)	(no effect)
Speed limit or prevailing speed	30 mph or less	(no effect)	35 mph	40 mph or more
Bike lane blockage (may apply in commercial areas)	rare	(no effect)	frequent	(no effect)

Note: (no effect) = factor does not trigger an increase to this level of traffic stress.

Table 4. Criteria for Level of Traffic Stress in Mixed Traffic


Speed Limit	2-3 lanes	4-5 lanes	6+ lanes
Up to 25 mph	LTS 1 ^a or 2 ^a	LTS 3	LTS 4
30 mph	LTS 2 ^a or 3 ^a	LTS 4	LTS 4
35+ mph	LTS 4	LTS 4	LTS 4

Note: ^a Use lower value for streets without marked centerlines or classified as residential and with fewer than 3 lanes; use higher value otherwise.

Table 5. Level of Traffic Stress Criteria for Pocket Bike Lanes


Configuration	Level of Traffic Stress
Single right-turn lane up to 150 ft. long, starting abruptly while the bike lane continues straight, and having an intersection angle and curb radius such that turning speed is \leq 15 mph.	LTS \geq 2
Single right-turn lane longer than 150 ft. starting abruptly while the bike lane continues straight, and having an intersection angle and curb radius such that turning speed is \leq 20 mph.	LTS \geq 3
Single right-turn lane in which the bike lane shifts to the left but the intersection angle and curb radius are such that turning speed is \leq 15 mph.	LTS \geq 3
Single right-turn lane with any other configuration; dual right-turn lanes; or right-turn lane along with an option (through-right) lane.	LTS = 4

Contextual Guidance for Selecting All Ages & Abilities Bikeways				
Roadway Context				All Ages & Abilities Bicycle Facility
Target Motor Vehicle Speed*	Target Max. Motor Vehicle Volume (ADT)	Motor Vehicle Lanes	Key Operational Considerations	
Any		Any	Any of the following: high curbside activity, frequent buses, motor vehicle congestion, or turning conflicts†	Protected Bicycle Lane
< 10 mph	Less relevant	No centerline, or single lane one-way	Pedestrians share the roadway	Shared Street
≤ 20 mph	≤ 1,000 – 2,000		< 50 motor vehicles per hour in the peak direction at peak hour	
≤ 25 mph	≤ 500 – 1,500	Single lane each direction, or single lane one-way		
	≤ 1,500 – 3,000		Buffered or Protected Bicycle Lane	
	≤ 3,000 – 6,000		Protected Bicycle Lane	
	Greater than 6,000			
	Any	Multiple lanes per direction		
Greater than 26 mph†	≤ 6,000	Single lane each direction	Low curbside activity, or low congestion pressure	Protected Bicycle Lane, or Reduce Speed
		Multiple lanes per direction		Protected Bicycle Lane, or Reduce to Single Lane & Reduce Speed
	Greater than 6,000	Any	Any	Protected Bicycle Lane, or Bicycle Path
High-speed limited access roadways, natural corridors, or geographic edge conditions with limited conflicts		Any	High pedestrian volume	Bike Path with Separate Walkway or Protected Bicycle Lane
			Low pedestrian volume	Shared-Use Path or Protected Bicycle Lane



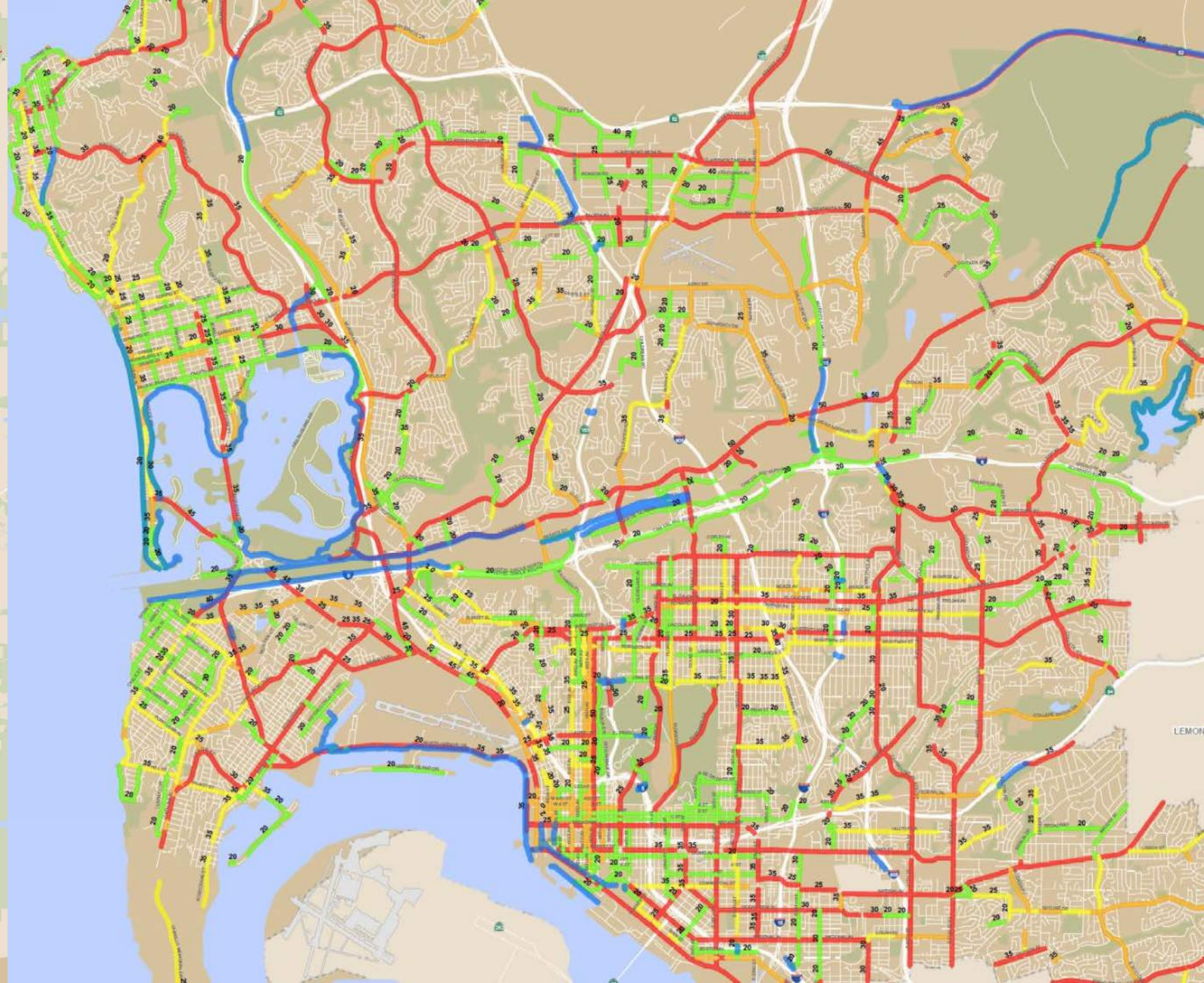
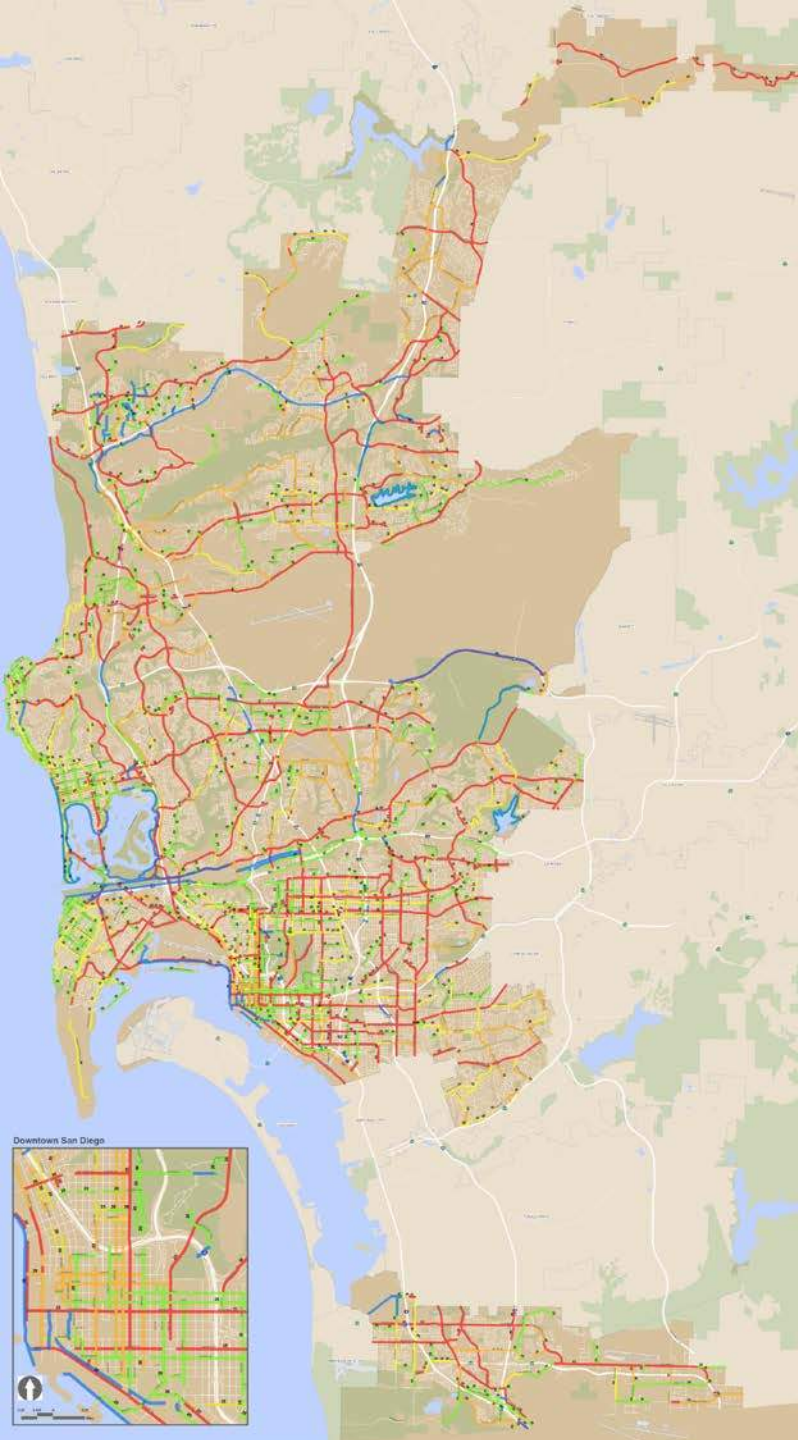
Designing for All Ages & Abilities

Contextual Guidance for High-Comfort Bicycle Facilities



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National Association of City Transportation Officials

December 2017





Questions?

